

Bros, let's chase the waterfalls.

Our preferred plan: about 2.6 miles. We'll keep the woodland extension to about 3 miles optional, depending on the heat and the group. Moderate terrain; waterfall viewing, with no planned water entry.

Meet at 9:40 AM · hike at 10:00 AM Eastern

Main parking lot, map/payment kiosk beside the restrooms.

Cochran Mill Park · 6875 Cochran Mill Road
Chattahoochee Hills, GA 30268

Parking: Budget \$5 per car; bring cash/card. Confirm the current posted kiosk rate. Parking is separate from ABH admission. Existing RSVP and member arrangements still apply.

A shorter morning for the heat

The NWS forecast checked September 4 lists a Heat Advisory through Saturday at 8 PM, upper-90s highs, heat index up to 105°F and a 20% chance of afternoon storms. **Aim to return around noon.** The full route may take 2–2½ hours with stops; timing is an estimate. We'll shorten or turn back if the group is hot or running late.

Stay together, keep stops brief, and tell the leader early if you feel unwell. Check current weather and posted trail notices before starting.

Bring these essentials

At least 2 liters of water, extra water in the car, electrolytes and a snack. Wear grippy trail shoes and lightweight clothes; bring sun protection and bug repellent. Charge your phone and bring a power bank.

Save your route before leaving Wi-Fi

Download this guide, the official park map and the short GPX. Import the GPX into a compatible app and download its local basemap separately. **Open and test your saved files in airplane mode before departure.** The HTML viewer is a route reference, not live GPS or turn-by-turn navigation.

Open the event page for every download and the complete ZIP kit

Waterfall viewing only. Stay clear of slick edges and dams; do not ford the creek or use water as a shortcut. Follow the leader, signs and closures. In an emergency call 911 and give the park name and nearest marker.

Follow the markers together.

The diagram shows the optional full loop. For our preferred short route, return directly from G57 to G56 and skip G66. Both tracks start and finish at OR41, across the road from the main lot.

Cochran Mill · proposed ~3 miles

Follow stages 1–6 · dashed Green section is walked both ways



Start and finish at OR41. The track includes the marked entrance; parking adds walking.

Source: Cochran Mill Park GPS geometry (2024 upload) + city trail map (Sept 2024). Route estimate ≈3.0 mi.

Out: OR41 → OR42 → OR43 → OR46 → OR47 → bridge → G56 → G57 → G58 → G60 → G61. At the duplicate OR43 labels, follow Old Cochran Mill Road toward OR46, not the short Owen Mill Ridge loop.

Back from the falls: G61 → G60 → G58 → G57 → **G56** → same bridge → OR47. Optional full route only: G57 → G66 → G56; stay east of the road at G66.

Orange finish: OR47 → OR48 → OR49 → OR50 → OR45 → OR44 → OR43 → OR42 → OR41. Cross back to the lot. Earlier return from OR47: retrace OR46 → OR43 → OR42 → OR41. Skipping Green entirely leaves the official 1.6-mile Orange loop, plus lot access.

Mapped track: short 2.546 miles / full 2.973 miles, including OR41–OR42 access. Lot-to-OR41 walking is additional. Small source junction gaps remain; use signs and the official map. Route assembled from park-published geometry; not field-scouted. Elevation is unverified.

[Official park map](#) · [Detailed marker directions](#) · [Latest NWS forecast](#) · [Event page and video previews](#)